

## **Bad Breath (Halitosis)**

Whether you call it bad breath or halitosis, it's an unpleasant condition that's cause for embarrassment. If you're concerned about bad breath, go to your dentist. We can help to identify the cause and, if it's due to an oral condition, develop a treatment plan to help eliminate it.

### **Reasons Of Halitosis**

- What you eat affects the air you exhale. Certain foods, such as garlic and onions, contribute to objectionable breath odor.
- Particles of food remain in the mouth, collecting bacteria, which can cause bad breath.
- Bad breath can also be caused by dry mouth (xerostomia), which occurs when the flow of saliva decreases.
- Tobacco products cause bad breath
- Bad breath may be the sign of a medical disorder, such as a local infection in the respiratory tract, chronic sinusitis, postnasal drip, chronic bronchitis, diabetes, gastrointestinal disturbance, liver or kidney ailment.